



Curriculum

Subject Overview



PSHE





Wise Owl Trust

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Intent

Our academies are committed to ensuring that the emotional and social needs of all our children are met within our school environment, and we support the development of children's physical and mental health & wellbeing, self-esteem and confidence. As part of providing a broad and balanced PSHE curriculum, we are able to nurture and support the spiritual, moral, social and cultural (SMSC) development in young children and promote the fundamental British values in young lives. We support children to develop the knowledge, skills and understanding they need to lead confident, healthy and independent lives, and become responsible citizens. We recognise that our school vision is crucial to this learning and should be at the heart of whole-school development.

Our trust vision and ethos is strongly supported through, and embedded in, the delivery of our PSHE whole school approach to the curriculum within our **RESPECT** and **WOW** Curriculum. Our PSHE whole-school approach is implemented from Nursery through to Year 6. This covers three themes throughout the year, which underpin the fundamental aspects of Relationships, Health and Wellbeing and Living in the Wider World.

We aim to help the children to;

- Develop confidence and responsibilities and make the most of their abilities, through recognising their own worth
- Develop self-confidence and self-esteem
- Work well with others
- Prepare to play an active role as citizens in a diverse society
- Develop a healthy, safe lifestyle with the ability to make appropriate risk assessments
- Develop good relationships and respect the differences between members of the school and the wider community
- Understand some basic principles of finances
- Make a positive contribution to the life of the school

Further information detailing the content and rationale of our curriculum, can be found in the PSHE policy and RHE policy on our website.





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	Autumn		Spring		Summer	
Nursery	Tanisha Teamwork Romeo Resilience Parveen Positivity Emotions and mindfulness		Charlie Communication Sophie Self awareness Rules, relationships and safety online		Eddie Empathy Elliot Excellence Emotional wellbeing, transition growth and change.	
Reception	Emotions and mindfulness		Rules, safe relationships and online safety.		Emotional wellbeing, transition growth and change.	
Year 1	RESPECT Friendships. Being ourselves. Relationships with others.	WOW Mental wellbeing. Healthy bodies	RESPECT Being ourselves. Friendships. Safety. Online safety.	WOW Friendships. Safety. Online safety. Bullying. Privacy.	RESPECT Healthy bodies. The wider world. Relationships with others.	WOW Economics & careers. Being ourselves. Transition.
Year 2	RESPECT Relationships with others. Families. Mental wellbeing.	WOW Mental wellbeing. Safety.	RESPECT Relationships with others. Being ourselves. Online safety.	WOW Relationships with others. Online safety. Privacy.	RESPECT Healthy bodies. Safety.	WOW Economics & careers. Our bodies. Transition.





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Year 3	RESPECT Healthy bodies & minds. Relationships with others. Safety.	WOW Mental wellbeing. Relationships with others. Safety.	RESPECT Relationships with others. Bullying	WOW Relationships with others. Families. Friendships. Being ourselves.	RESPECT Relationships with others. Friendships. Safety.	WOW Economics & careers. The wider world
Year 4	RESPECT Mental wellbeing. Being ourselves.	WOW Healthy bodies. Relationships with others. Safety.	RESPECT Healthy bodies. Relationships with others. Being ourselves.	WOW Online safety. Privacy. Relationships with others. Safety. The wider world.	RESPECT Healthy eating. Relationships with others. Safety.	WOW Economics & careers.
Year 5	RESPECT Healthy bodies & minds. Safety. Online safety.	WOW Online safety. Healthy bodies & minds.	RESPECT Economics & careers. Safety.	WOW Living in the wider world.	RESPECT Healthy bodies. Safety. Friendships.	WOW Economics & careers.
Year 6	RESPECT Relationships with others. Safety.	WOW The wider world. Relationships with others.	RESPECT The wider world. Healthy bodies & minds. Online safety.	WOW Relationships with others. Living in the wider world.	RESPECT The wider world. Relationships with others.	WOW Healthy bodies & minds.

